

# LIVINGWORKS Education Australia

## Applied Suicide Intervention Skills Training (ASIST)

ASIST is the world's most widely presented 2-day skills based workshop that equips caregivers for an effective suicide intervention role. The emphasis is on SUICIDE FIRST AID – helping a person at immediate risk stay safe and seek further help.

Participants reflect on their attitudes and beliefs about suicide and how these may affect their intervention role. They learn how to notice and respond to invitations for help and ask directly about suicide. An intervention framework – the SUICIDE INTERVENTION MODEL is provided and modelled, followed by extensive opportunities to practise skills needed to implement the model. Community resources likely to promote life-links and continuity of care are identified. Participants leave the workshop feeling more competent and confident in their ability to help someone at risk of suicide.

**LivingWorks Trainers:** Gaynor Hicks & Lindy Macgregor

**Date:** 18<sup>th</sup> & 19<sup>th</sup> June, 2004

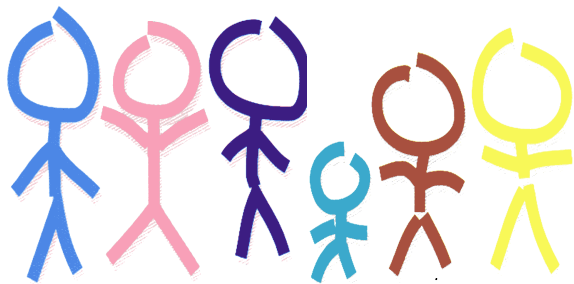
**Time:** 9am - 5pm

**Where:** Lifeline, 4 Park Street, Gordon

**Cost:** \$110 (Volunteers/Students/Concession/Unwaged)  
\$150 (Waged)

**Cost includes:** workbook, 110 page Suicide Intervention Handbook and Morning/Afternoon Teas

For more information or to register for this workshop contact:



Gaynor Hicks  
02 9976 2803  
gaynorh@zip.com.au

**OUR GOAL:** to train others to save lives  
through suicide intervention  
[www.livingworks.org.au](http://www.livingworks.org.au)

**REGISTRATION FORM**

**ABN 54 422 007 588**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

\_\_\_\_\_

**PH: (BH)** \_\_\_\_\_

(Mobile) \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**OCCUPATION:** \_\_\_\_\_

**NAME ON CERTIFICATE:** \_\_\_\_\_

(PLEASE PRINT CLEARLY)

I wish to attend the workshop on  18<sup>th</sup> & 19<sup>th</sup> June, 2004

I enclose a cheque/money order for  \$110

\$150

**Please make cheque payable to: Lifeline**

**And post to: ASIST Workshop  
Lifeline  
4 Park St  
Gordon NSW 2072**